



# Mary's Memos

Please visit our website at [www.maryshousegso.org](http://www.maryshousegso.org)

Volume 4, Issue 8

Fall 2009

Mary's House  
520 Guilford Avenue  
Greensboro, NC  
27401

## Baubles and Beads

### Agency needs:

Diapers in all sizes

Cleaning Supplies

Children's DVDs

Wal-Mart and Target

Gift Cards

Baubles and Beads, our major fund raiser, will be held on Friday, November 6th from 9:00 am to 7:00 pm and on Saturday, November 7th from 9:00 am until 1:00pm.

The fantastic jewelry sale with over 3,000 items is conducted in the fellowship hall at Holy Trinity Episcopal Church, 607 N Greene Street.



Mary's House is accepting jewelry donations now! Please donate jewelry that you no longer wear to help recovering mothers and their children have a second chance. We sell 14K gold jewelry and sterling silver earrings, bracelets and necklaces. There will also be some great selections of holiday and vintage jewelry.

This is a unique opportunity for women to help those women in need with their unused jewelry donations. Not to mention that ALL donations are tax deductible.



## Mary's House, Food Lion and You

Have you been looking for a way to assist Mary's House but lack the time and resources? Then look no further! By going to your local Food Lion you can provide Mary's House with much needed food resources by using your MVP card when you purchase groceries. Interested in making a difference?

Go to [www.foodlion.com](http://www.foodlion.com) and select "Lion Shop & Save". Then click on "register your MVP card" selecting Mary's House as your organization. By registering Mary's House will receive a percentage of your purchases quarterly.

# Mary's Elimination from Federal Food

Because of newly interpreted regulations Mary's House has lost its ability to receive TEFAP food. TEFAP is the Emergency Food Assistance Program of the U.S. Department of Agriculture. For seven years, Mary's House has been able to receive free ham, chicken, peanut butter, cheese and canned vegetables to feed homeless women and children. Mary's House is not allowed to continue to obtain federal food because we are an onsite feeding facility and not a food pantry that simply gives the food boxes to private individuals. We are putting forth our best efforts to help get the federal regulations changed. Until we can, we here at Mary's House need your help and donations to feed hungry women and children. Here at Mary's House we operate at capacity with pregnant women and small children who must have proper nutrition.

Please provide us with food cards to local grocery stores along with any canned goods and donations!

## Adopt a Family This Christmas

Starting in early October, we will have our residents' families "wish list" ready for your adoption. Remember that it is more rewarding to give to those in need than to be frugal during the holiday season. If you are considering adopting a family, please email house director Craig Thomas, at [maryshousegso@aol.com](mailto:maryshousegso@aol.com) and make a request for a residents "Christmas Wish List".



## Quick Facts

"About 6.2 million Americans said they abused prescription drugs in the past month in 2008, a decrease from 2.8% of the population in 2007..."

"Illegal drug use among people 50 to 59 increased from 2.7% in 2002 to 4.6% in 2008..."

-USA Today; 09/11/2009

"Babies exposed to legal and illegal drugs in the womb may be born premature and underweight. This drug exposure can slow the child's intellectual development and affect behavior later in life..."

"Drugs, Brains, and Behavior The Science of Addiction"

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